# Ace Personal Trainer Manual 4th Edition Chapter 2

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☐ This session, which is based on Chapter 7 of the ACE Personal Trainer Manual(4thed.), explains the importance of various functional assessments and outlines how to properly perform each. ☐ After completing this session, you will have a better understanding of: – How to set up a plumb line to conduct a basic postural assessment.

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The point at which a candidate for the ACE Personal Trainer Certification (or any other ACE certification) agrees to uphold the ACE Code of Ethics While registering for an ACE certification exam ACE-certified Personal Trainers must complete a minimum of 20 hours of continuing education every two years to maintain their certifications.

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